

Snail Trail of Dreams: Let Fire Speak

Time

45 minutes

Supplies

Pen or pencil, paper, your hands, a camera to film with (optional)

Move

We're jumping right in!

Move your hand as a cloud moves. (Google different cloudforms and try them all.)

Move your hand as fire. (explore different ranges of fire – ember to bonfire)

Move your hand as a rock. (pebble to boulder)

Move your hand as water. (droplet to torrent)

Observe, Write, and Film

If you can, using a smartphone or camera, film some closeup videos of these mimes of the elements. Watch them, and write from what you see and imagine about each. Does the stratus cloudform seem wistful, and wishing for something? Maybe the rock has a secret, or the river is tired of all that constant movement. Choose one element to write a monologue for, and then as a bonus, film yourself as that character, and share the monologue.

What does the cloud dream about? Who does fire love? What frustrates the pebble? What does water long for more than anything else?

Share Your Discoveries & Reflect

Want to share your thoughts and creations? Add your findings to the Forum, where you'll connect with others who have explored this act.