

Fugue: Forget About It

Time

Varies from about 30 mins. to months

Supplies

A drawing, poem, or other tangible creation of yours

Prepare

If you're visiting this act first, just read through it, and know that it is here waiting for when you've created something you can release into the wilds. For this act, you'll choose something you've created, and give it away. Make a little ceremony of it. The work you leave needs to be something tangible. A drawing, a mixed media piece, a poem. The more attached you are to it, the better. You're going to give this piece to a stranger, but you are never going to see them receive it, or know their reaction. In a sense, you are going to "lose it."

Find Your Location & Let It Go

First, scout a location to leave your piece – in the woods on a hiking trail, in a public restroom, in the candy section at Target, in a bus stop. In some locations your work will likely be found quickly. In others, it may take months. You're welcome to craft a note with it, but you don't have to. When I do this, I prefer to let the work speak (or not) for itself. Leave it, and return in a few days to see if it's gone, or still there. If it's still there, the right person hasn't found it yet, or the weather hasn't eroded it, that's all. Give it time.

Share Your Discoveries & Reflect

Want to share your thoughts on this experience? Add your findings to the Forum, where you'll connect with others who have explored this act.